

# Sutter Lawn Tsunamis 2010

**Sutter Lawn is now accepting registration for children aged 5-18 for participation in its Recreational Swim Team Program. Come join the fun and enjoy fitness and friendship!**

**Cost Per Swimmer:** \$185 for members registered by February 18th  
\$210 for members registered after February 18th  
\$260 for non-members

*(Registration cost includes a \$25 social fee.)*

**Registration:** Formal registration will take place at Sutter Lawn, on the following dates:  
**\*\*Birth Certificate is required for all new swimmers to the Tsunami Team**

**Members and Former Non-Member Tsunamis:**  
**Thursday, February 18<sup>th</sup>, from 3:30 -7:00 pm**

**Non-Members (who have not swum on the team previously):**  
**Thursday, Feb 25<sup>th</sup>, from 3:30-7:00 pm**

Come register your swimmer(s), buy a new swimsuit, goggles, and caps, order team clothing, sign-up for your volunteer position, and see your teammates and coaches.

**NEW TO 2010:** In order to complete registration, **ALL** parents **MUST** complete and Submit the Volunteer Coordinator Form

**Schedule:** Practice and meet schedules are available online at [www.sutterlawn.com](http://www.sutterlawn.com)

**Optional Stroke Clinics** will be offered the weeks of March 15<sup>th</sup> and March 22<sup>nd</sup>.

**Practice Begins Thursday, April 1<sup>st</sup>**  
*(age bracket is determined by the child's age on June 1<sup>st</sup>, 2010)*

**Time Trials and the League Invitational take place in May**

**Dual Meet Season begins Saturday, June 5<sup>th</sup>.**

The season concludes with **Mandatory Championships July 17<sup>th</sup> and 18<sup>th</sup>**, please schedule vacations accordingly.

**For more information contact Sutter Lawn at 916-451-3336 or visit [www.SutterLawn.com](http://www.SutterLawn.com)**

The Sacramento Swim League registration form, emergency form, a coach/parent/swimmer contract) are available online at [www.sutterlawn.com](http://www.sutterlawn.com) or can be picked up at Sutter Lawn, 3951 N Street. *New swimmers must supply a copy of their birth certificate. A separate set of forms needs to be filled out for each child.*